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Best Practices -I

TITLE: A Social Awareness Campaign by N.S.S. Unit through village adoption.

GOALS: -

- Making the villagers aware of the factors adversely affecting their progress.
- Developing proximity of the college students with the villagers and strengthening bond between them by organizing a special residential camp.
- By adopting a village, to maintain consistency in conducting social activities and also to get desired results.
- Sensitizing students for paying back to society.

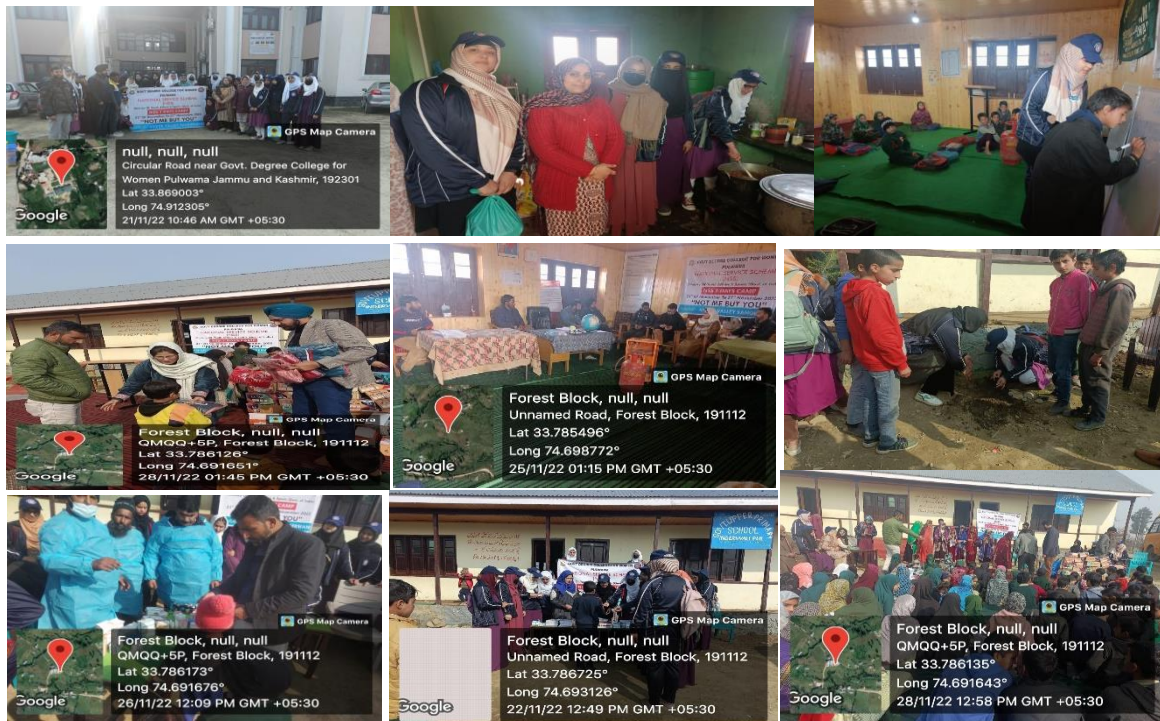
CONTEXT: - The overall progress of the villagers living in remote areas is still restrained by various factors. Owing to lack of information, ignorance and awareness, life of villagers is still encircled by various problems. This grim ground reality got reflected when the NSS units were conducting a special survey in the village Inderwali Sangerwani village. Illiteracy, health issues related to unhygienic living conditions, superstitious outlook, adherence to traditional modes of farming, negligence towards banking system etc. are some of the issues for which an awareness campaign was organized.

PRACTICE: -

NSS Wing GDC Women Pulwama organized a Seven Days NSS Camp at Inderwali Sanger WiniPulwama from 21st of November 2022 under the able guidance of Prof. (Dr) Yasmeen Farooq Principal GDC Women Pulwama. The volunteers were divided into three groups and were assigned different jobs to be carried out as per the schedule already framed. On very 1st day the NSS volunteers along with NSS Programme Officers Prof. Saima Syed and Dr. Satinder Singh visited an Upper Primary School (Middle School) where they conducted a cleanliness drive around the school and sensitized the students and villagers about cleanliness and its benefits by canvassing door to door. On day two NSS volunteers and program officers distributed the stationary items to the students and taught them basics of different subjects by engaging classes on literacy day. On day three a special lecture was delivered by Prof. Saima Syed on health and hygiene. She sensitized the students about the benefits of personal hygiene and insisted them to inculcate good habits and to be clean. Morning Assembly was conducted where the students were shown some basic exercises and were informed about the health benefits of exercise. On day four NSS Programme Officers, volunteers and Dr. Asma (Lecturer Home Science) prepared nutritious and hygienic food and distributed the same to about 140 students of the school. Day fifth started with the plantation drive where the school teachers and students along with the NSS team planted saplings provided by the District Horticulture Department. On the same day the school teachers as well as the students were made aware by the convener Scholarship and Financial Aid Committee Dr. Javaid Ahmad Paul about various scholarships and schemes provided by the government for Scheduled Tribes (ST). He illustrated in detail about the schemes for higher education and informed them about different websites from which the information can be gathered regarding the same. On day six a medical camp was organized in the school where medicines were distributed to the students.

On day seven winter garments were distributed to all the students of the school and a special program was organized by the school teachers and students which started with the recitation of Holy Quran and Naat by the school students. Welcome song and group songs were also performed by the school girls. NSS Programme Officer Prof. Saima Syed and Dr. Satinder Singh also spoke on the occasion. The camp was concluded by the vote of thanks presented by the school headmaster Mr. Abdul Rashid where he mentioned a special thanks to the College Principal Prof. Dr. Yasmeen Farooq.





EVIDENCE OF SUCCESS: -

- A change in villager's attitude towards cleanliness was clearly evident.
- Calls and invitations were received from the villagers to the college to organize more training and guidance sessions on Yoga and Medical Camp.
- The participated students appeared more sensitized and motivated as their participation in other social activities, conducted by college enhanced.
- The organizational skill among the students appeared to be enhanced while organizing various programmes in the college.

PROBLEMS ENCOUNTERED: -

- Participation of the villagers was comparatively less during day time owing to their engagement in agricultural activities.
- It seemed rather difficult to enlighten the villagers on the issue of superstitions and blind faith especially women folk.

Best Practices – II

TITLE: Community Welfare Scheme

GOALS: - To support poor students by providing food articles from the money contributed by staff members.

CONTEXT: - College is located in rural area. Some of our students are very poor and unable to have meals while coming to college. The needy students were identified and provided financial support.

PRACTICE: - The students below poverty line and who are unable to have adequate food due to their poverty were identified by the tutors in the first year itself. They were enrolled in the student's welfare cell which is undertaken by one department of the college in turn. In the current year Department of Economics has taken the charge. They were provided mid-day meals for their whole period of study. The fund for this scheme is raised by the in-charge department from faculty members who contribute voluntarily. The accounts are maintained properly with a bank account in the name of the principal. Retired staff members also contributing every year.

NSS Wing of the College distributed Food Pockets to the nearby Tribal People at Hall Pulwama on 15/10/2022 at 01:00pm under the banner of Rashtriya Poshan Maah. The Event was Flag off by the Worthy Principal **Dr. Yasmeen Farooq** accompanied by Two NSS Programme Officers namely Dr Satinder Singh & Prof Saima Syed along with 24 Students and three faculty members. Worthy Principal said that Independent India has overcome the problems of famines and mass deaths due to starvation, thanks to the focus given to agriculture, mainly, in the production of cereals. The NSS programme officer's identified Tribal Area of Hall Pulwama where the households that fell below the poverty line were given the opportunity to distribute ten kilograms food pockets (mostly wheat and rice, Sugar edible oil, soap, biscuits etc.). The main objectives of event were; the distribution of food pockets to the needy Tribal Families, particularly, the vulnerable sections of society, and, to inculcate among the students a sense of social service. The total number of families which were benefited from today's event was 20. After distributing the food pockets among the needy families, we returned back to college at 2:15pm.

EVIDENCE OF SUCCESS: Mostly the Poor students/Community Members of the nearby area were benefitted.

PROBLEM FACED: Some of the students were hesitant to inform their poverty level.



Institutional Website Link

<http://gdcwpulwama.edu.in/Files/ec3be731-ec6e-4706-bf85-14529ead7e67/Custom/Best%20Practices%202022.pdf>